



1325 36th Street,
Suite A
Vero Beach, FL
32960

MEDICATIONS CONTRAINDICATED WITH ALLERGY SKIN TESTING

Anti-Histamines

Xyzal
Zyrtec/Zytec-D
Allegra/Allegra-D
Clarinex
Claritin/Claritin-D
Benadryl/Diphenhydramine
Astelin
Atarax/Hydroxyzine **Herbals**
AllerX
Phenergan
Promethazine
Meclizine/Antivert
**over the counter allergy/sinus/cold medicines

Antidepressants/Anti-Anxiety

Amitriptyline/Elavil/Vanatrip
Clomipramine/Anafranil
Doxepin/Sinequan/Zonalon
Imipramine/Tofranil
Amoxaine/Ascendin
Desipramine/Norpramin
Maprotiline/Ludiomil
Nortriptyline/Aventyl/Pamelor
Protriptyline/Triptil/Vivactil
Trimipramine/Surmontil
Nefazodone/Serzone
Trazodone/Desyrel
Mirtazapine/Remeron
Alprazolam/Xanax
Clonazepam/Klonopin
Vistaril
Lorazepam/Ativan

H-2 Blockers (do not take morning of test)

Tagamet/Cimetidine
Ranitidine/Zantac
Nizatidine/Axid
Famotidine/Pepcid

Licorice
Green Tea
Saw Palmetto
St. John's Wort
Feverfew
Milk Thistle

****You MUST stop taking all anti-histamines 3-4 days before the allergy test**

****If you are taking any anti-depressants or anti-anxiety meds, do NOT stop taking them—however, you must call the office and we will give you further instructions**

**** Singulair and nasal steroids (Flonase, Nasonex, Nasocort, Rhinocort) do not need to be discontinued**